



**OCTOBER**  
**National Breast Cancer**  
**Awareness Month**

十月  
 全國乳癌宣傳月

# BREAST CANCER SCREENING WORKSHOP

## 乳癌檢查講座

**Topics 題目 :**

- **What is breast cancer? 甚麼是乳癌?**
- **What is a Mammogram? 甚麼是乳房x光造影檢查?**
- **Why is a Mammogram Important? 為何乳房x光造影檢查如此重要?**
- **When should I start getting a Mammogram? 應該何時開始做乳房x光造影檢查?**
- **How can I lower my risk for breast cancer? 我如何能降低患乳癌的風險?**

**Brief Description:**

Breast Cancer is the second most common type of cancer in women. A Mammogram every 1-2 years is recommended for women starting as early as age 40. If you want to learn more about breast cancer, please attend NEMS Health Education Workshop.

**簡介 :**

乳癌是排行第二常見的婦科病。女性由40歲開始，每一至兩年要做一次乳房x光造影檢查。如果您想了解更多關於乳癌的資料，請參加東北醫療中心健康教育部舉辦的課程。

Detailed Information 詳細資料	Chinatown Clinic 三藩市華埠診所	Portola Clinic 三藩市波特羅區診所	Eastmoor Clinic 帝利市診所	1870 Lundy Clinic 聖荷西 1870 Lundy 診所
<b>Date 日期</b>	10/2 - 10/30/2018 Every Tue & Thu 逢星期二、四	10/1 - 10/29/2018 Every Monday 逢星期一	10/2 - 10/30/2018 Every Tuesday 逢星期二	10/5 - 10/26/2018 Every Friday 逢星期五
<b>Time 時間</b>	10:30am – 11:30am 上午10時半至11時半	2:00pm – 3:00pm 下午2時至3時	11:00am – 12:00pm 上午11時至中午12時	2:00pm – 3:00pm 下午2時至3時
<b>Location 地點</b>	1520 Stockton St. San Francisco, CA 94133	2629 San Bruno Ave. San Francisco, CA 94134	211 Eastmoor Ave. Daly City, CA 94015	1870 Lundy Ave. San Jose, CA 95131
<b>Language 語言</b>	English, Cantonese, Mandarin 英、粵及國語	English, Cantonese, Mandarin 英、粵及國語	English, Cantonese, Mandarin 英、粵及國語	English, Mandarin 英及國語