






Common Age-Related **EYE DISEASE**

與年齡相關的 常見眼病

As you age, you are at higher risk of developing age-related eye diseases and conditions. These changes to your eyes are normal part of aging but it does not need to stop you from enjoying an active lifestyle. If you want to learn more about age-related eye diseases, please come attend this NEMS Health Presentation. If you have questions, please contact NEMS Health Education Department at ☎ (415) 391-9686 ext. 5843.

隨著年齡的增長，您患上與年齡相關的眼部疾病和症狀的風險會更高。眼睛的這些變化是衰老的正常部分，但它不一定會阻止您享受積極的生活方式。如果您想了解更多有關年齡相關眼病的信息，請參加由東北醫療中心提供的這個健康講座。如果您有任何相關疑問，請諮詢東北醫療中心健康教育部，致電 ☎ (415) 391-9686 轉內線 5843。

Information 信息：

	Date	日期	12/6/2018 Thursday 星期四
	Time	時間	1:15pm-2:15pm 下午1時15分至下午2時15分
	Location	地點	1520 Stockton clinic, 1st floor Health Promotion Room 三藩市華埠診所，一樓健康教育部

Agenda 議程：

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| 1. What is Cataract? | 甚麼是白內障？ |
| 2. What is Glaucoma? | 甚麼是青光眼？ |
| 3. What is Floaters? | 甚麼是飛蚊症？ |
| 4. What is Age-Related Macular Degeneration? | 甚麼是年齡相關性黃斑變性？ |

Speaker 導師：

Dr. Anna Szeto
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司徒泳兒 醫學博士
眼科/驗光科

