



EYE HEALTH & SAFETY AWARENESS WORKSHOP

眼睛保健及安全講座

August is Eye Health and Safety Awareness Month. If you want to learn more about eye health and information of eye exams, please attend NEM's Health Education Workshop.

八月是眼睛保健及安全宣傳月。如果您想了解更多關於眼睛保健或眼科測試的資訊，請參加東北醫療中心健康教育部舉辦的講座。

Detailed Information 詳細資料

Date 日期: 8/1 - 8/31/2017
Every Tuesday & Thursday
逢星期二、四

Time 時間: 10:30am – 11:30am
上午10時半至11時半

Location 地點: Chinatown Clinic
三藩市華埠診所
(1520 Stockton St.,
S.F., CA 94133)

Language 語言: English, Cantonese,
Mandarin 英、粵及國語

Date 日期: 8/7 - 8/28/2017
Every Monday 逢星期一

Time 時間: 2:00pm – 3:00pm
下午2時至3時

Location 地點: Portola Clinic
三藩市波特羅區診所
(2629 San Bruno Ave.,
S.F., CA 94134)

Language 語言: English, Cantonese
英、粵語

Date 日期: 8/1 - 8/29/2017
Every Tuesday 逢星期二

Time 時間: 11:00am – 12:00pm
上午11時至中午12時

Location 地點: Eastmoor Clinic
帝利市診所
(211 Eastmoor Ave.,
Daly City, CA 94015)

Language 語言: English, Cantonese,
Mandarin
英、粵及國語

Topics 題目:

- How to get an eye exam as a new patient?
新會員如何獲得眼科測試?
- Types of eye exams:
眼科測試:
 1. Snellen Chart
Snellen 視力表
 2. Refraction Test
驗光測試
 3. Eye Dilation
放大瞳孔測試
 4. Slit Lamp Test
裂隙燈測試
 5. Color Vision Test
色覺測試
 6. Puff Test
噴氣測試
- Eye Safety
眼睛安全

NEMS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).

Chinese 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (415) 391-9686 轉內線 8160 (TTY: 1-800-735-2929)。

Vietnamese CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).