

COVID-19 Rapid Antigen Test FAQ



**NORTH EAST
MEDICAL SERVICES**
東北醫療中心

a californiah⁺center

◆ Who can use a home antigen test?

This test is FDA emergency use authorized for home use with self-collected anterior nasal swab (NS) specimens from individuals ages 14 years and older or with adult-collected anterior NS samples from individuals ages 2 years or older. If an individual is less than 2 years old, COVID-19 PCR testing is recommended.

This test is free and distributed by the U.S. Health Resources & Services Administration (HRSA) through North East Medical Services (NEMS) to ensure and expand free and accessible testing to the community. It is not authorized for re-sale.

◆ What should I do if I test POSITIVE?

- * Take a photo of your positive test result to document it, and show your provider.
- * Contact your provider to discuss isolation procedures and potential treatment¹.
- * NEMS Pharmacy has COVID-19 antiviral medication available for patients at increased risk for hospitalization.
- * Notify close contact(s) of COVID-19 exposure.

1. Especially if you have symptoms and are over 65 years old or have chronic medical problems.

◆ What should I do if I test NEGATIVE?

- * If you continue to experience COVID-19 like symptoms: **1)** repeat antigen test or seek molecular/PCR test to confirm COVID-19 negative status and **2)** follow-up with your healthcare provider.
- * If you have no symptoms after a possible or known COVID-19 exposure, consider a repeat antigen test or seek molecular/PCR test (ideally 3 to 7 days from exposure).

◆ When should I use a home antigen test?

If you are experiencing COVID-19 like symptoms:

- * Fever or chills
- * Cough
- * Shortness of breath or difficulty breathing
- * Fatigue
- * Muscle or body aches
- * Headache
- * New loss of taste or smell
- * Sore throat
- * Congestion or runny nose
- * Nausea or vomiting
- * Diarrhea

If you have possible or known COVID-19 exposure.

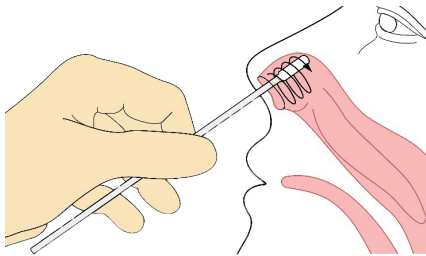
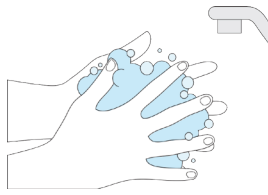
If you need COVID-19 testing for school, work, travel, event requirements, or before seeing a vulnerable person.



How to Use QuickVue At-Home OTC COVID-19 Test Kit

STEP 1

Wash your hands or use hand sanitizer before you start testing. Check test kit and prepare a sanitary setup to lay out all components. It is helpful to have a clock, watch or timer available.

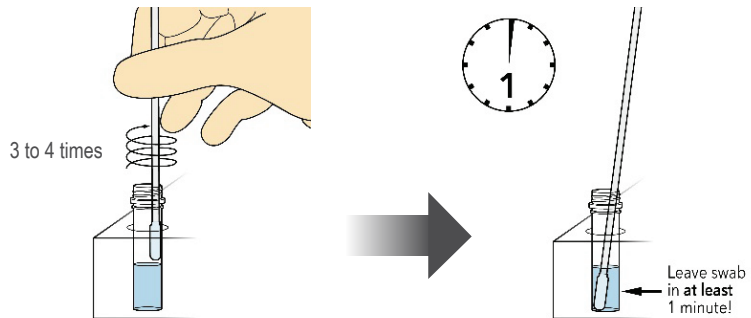


STEP 2

Insert nasal swab $\frac{1}{2}$ to $\frac{3}{4}$ inch into a nostril. Rub the swab in a circular motion around the inside of the nostril at least 4 times. Repeat on the other nostril with the **same swab**. To avoid specimen contamination, **do not touch the swab tip to anything other than the inside of the nostril**.

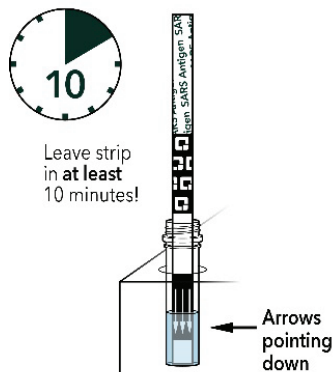
STEP 3

Remove and place the swab into the liquid at the bottom of the tube. Stir the swab 3 to 4 times and leave it in the tube **for at least 1 minute but no more than 10 minutes**.



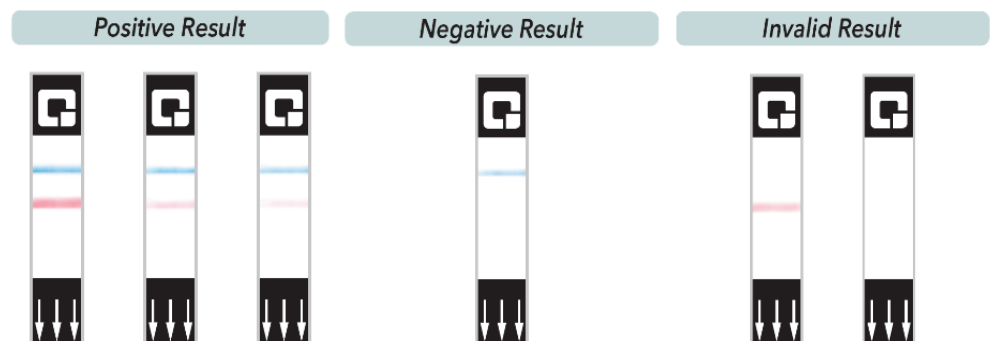
STEP 4

Remove the swab and insert the test strip into the tube with the arrows pointing down for **at least 10 minutes but no more than 15 minutes**.



STEP 5

Remove the test strip from the tube and place it on the test strip outline to check results. **The results are invalid after 15 minutes**. A positive result must show BOTH a blue line and a pink line (just below the blue line). Even if you see a very faint pink line, this is a positive test result. A negative result will show a blue line only.



SCAN QR CODE TO LEARN MORE!

Source: Quidel QuickVue At-Home OTC COVID-19 Test Instructions. <https://quickvueathome.com/>