



HPV (HUMAN PAPILLOMAVIRUS) AND YOUNG MEN

HPV (人類乳突病毒) 與年輕男性



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WHAT IS GENITAL HUMAN PAPILLOMAVIRUS (HPV)?

Human Papillomavirus (HPV) is the most common sexually transmitted virus in the United States. There are more than 40 types of HPV that are passed through sexual contact, most often during vaginal and anal sex. These types can infect the genital areas of men, including the skin on and around the penis or anus. They can also infect the mouth and throat. Even men with only one lifetime sex partner can get HPV.

HEALTH PROBLEMS CAUSED BY HPV:

Many people who get HPV do not develop any symptoms or health problems. However, some types of HPV can cause genital warts. Other types can cause cancers of the penis, anus or oropharynx (back of the throat, including base of the tongue and tonsils.)

WHY ARE HPV VACCINATIONS RECOMMENDED FOR YOUNG MEN?

Currently, there is no HPV screening test for men. There is no treatment or cure for HPV. But there are ways to treat the health problems caused by HPV in men. The HPV vaccine works by preventing four common HPV types, two that cause most genital warts and two that cause cancers, including anal cancer. HPV vaccination of males is also likely to benefit females by reducing the spread of HPV virus.

RECOMMENDATIONS FOR HPV VACCINATION FOR YOUNG MEN:

- Start at age 11 or 12 but can start as early as age 9 and finish the shots before age 14. The vaccination will be 2 doses that are 6-12 months apart.
- If starting at age 15, he will need 3 doses over 6 months.
- Young men can get HPV vaccine until they are 21 years old.
- Young men who have sex with other men or have weakened immune systems can get HPV vaccine until they are 26 years old.

Please feel free to ask our providers for HPV Vaccine Information Statement for more information regarding HPV vaccine.

Sources:

- Centers for Disease Control and Prevention
- California Department of Public Health Immunization Branch

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NEMS Health Ed. - Rev. 12/2019



甚麼是生殖系統的人類乳突病毒(HPV)?

在美國，人類乳突病毒(HPV)，又稱人乳頭狀瘤病毒，是最常見的性傳播病毒。有超過 40 種人類乳突病毒是通過性傳播的，最常發生於通過陰道和肛門進行的性行為。這些類型的病毒可以感染男性的生殖器部位，包括陰莖和肛門上的皮膚，以及這些部位周圍的皮膚。它們還可以感染口腔和喉嚨。即使終生只有一個性伴侶的男性都可以感染人類乳突病毒。

人類乳突病毒(HPV)引起的健康問題:

很多感染了人類乳突病毒的人可能不會出現任何徵狀或健康問題。但是，有些類型的人類乳突病毒可引致生殖器疣，亦有些類型可引致陰莖、肛門或口咽（喉嚨的後部，包括舌根和扁桃腺）的癌症。

為甚麼建議年輕男性接種人類乳突病毒(HPV)疫苗?

目前還沒有為男性而設的人類乳突病毒篩檢。人類乳突病毒感染並沒有治療和根治的方法，但有一些方法治療人類乳突病毒在男性引起的健康問題。人類乳突病毒疫苗可防止四種常見的人類乳突病毒類型，其中兩種是引致大多數生殖器疣的病毒，而另外兩種可引致癌症，包括肛門癌。男性接種人類乳突病毒疫苗可能使女性受益，並幫助減少人類乳突病毒的傳播。

關於年輕男性接種人類乳突病毒(HPV)疫苗的建議:

- 從十一或十二歲開始接種，但最早可以從九歲開始接種，並在十四歲之前完成所有疫苗。這個疫苗分兩次接種，每次接種中間間隔六至十二個月。
- 如果從十五歲開始，他需要在六個月內接種三次。
- 在二十一歲之前，年輕男性仍可以接種人類乳突病毒疫苗。
- 與男性發生性行為或免疫系統弱的年輕男性，在二十六歲之前仍可以接種人類乳突病毒疫苗。

請隨時詢問我們的醫護人員索取人類乳突病毒疫苗資訊聲明，以得知更多有關人類乳突病毒疫苗的資訊。

資料來源:

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- California Department of Public Health Immunization Branch

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