



OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

十月是全國乳癌關注月

Topics 題目:

- What is Breast Cancer?
甚麼是乳癌?
- What is a Mammogram?
甚麼是乳房x光造影檢查
- Why is a Mammogram Important?
為何乳房x光造影檢查如此重要?
- When should I start getting a Mammogram?
應該何時開始做乳房x光造影檢查?
- What can I do to reduce my risk?
做什麼能降低患乳癌風險?

Brief Description:

Breast Cancer is a disease in which cells in the breast grow out of control. You should have regular checks on your breasts for any warning signs and symptoms. It is the second most common type of cancer among women in the United States. A Mammogram every 1-2 years is recommended for women starting as early as age 40. If you want to learn more about mammography screening, please attend NEMS Health Education Workshop.

簡介:

乳癌是一種乳房細胞生長失控的疾病，你需要定期檢查乳房，留意有否乳癌的早期病徵。乳癌為美國女性排行第二常見的癌症。女性由40歲開始，每一至兩年要做一次乳房X光造影檢查。如果您想了解更多關於乳房X光造影檢查，請參加東北醫療中心健康教育部舉辦的講座。

Detailed Information 詳細資料	1520 Stockton Clinic 華埠Stockton街診所	1870 Lundy Clinic 聖荷西 Lundy街診所
Date 日期	10/3 - 10/26/2023 Every Tuesday & Thursday 逢星期二、四	10/4 - 10/25/2023 Every Wednesday 逢星期三
Time 時間	10:30am - 11:30am 上午10時半至11時半	2:00pm - 3:00pm 下午2時至3時
Location 地點	1520 Stockton St. San Francisco, CA 94133	1870 Lundy Ave. San Jose, CA 95131
Language 語言	English, Cantonese, Mandarin 英、粵及國語	English, Mandarin 英及國語