



SEXUALLY TRANSMITTED DISEASES (STDs)



CONTACT NEMS :

SAN FRANCISCO (415) 391-9686

DALY CITY (650) 550-3923

SAN JOSE (408) 573-9686

WWW.NEMS.ORG

Disease Name	Transmissions	Symptoms	Treatments	Is it Curable?	Complications
Chlamydia	<ul style="list-style-type: none"> Sexual activity Pass from mother to child during childbirth 	<ul style="list-style-type: none"> May not show symptoms. For women: burning sensation when urinating, abnormal vaginal discharge. For men: burning sensation when urinating, a discharge from their penis, painful or swollen testicles. 	Antibiotic	Yes, there is a cure; it won't come back unless you get infected again	<ul style="list-style-type: none"> Infertility Pelvic inflammatory disease Ectopic pregnancy Chronic pelvic pain Reiter's syndrome Risk for HIV infection
Gonorrhea	<ul style="list-style-type: none"> Sexual activity Pass from mother to child during childbirth 	<ul style="list-style-type: none"> May not show symptoms. For women: painful or burning sensation when urinating, abnormal vaginal discharge, vaginal bleeding between periods. For men: burning sensation when urinating, a white, yellow, or green discharge from the penis, painful or swollen testicles. 	Dual therapy: using two antimicrobial medications	Yes, there is a cure; it won't come back unless you get infected again	<ul style="list-style-type: none"> Infertility Pelvic inflammatory disease Ectopic pregnancy Chronic pelvic pain Disseminated gonococcal infection
Genital Herpes/ Herpes Simplex Virus (HSV)	<ul style="list-style-type: none"> Sexual activity Pass from mother to child during pregnancy, childbirth, or in the newborn period Direct contact with herpes sores 	<ul style="list-style-type: none"> May not show symptoms. Sores on or around genitals, rectum or mouth. Flu-like symptoms such as fever, body aches, or swollen glands. 	Antiviral medications to prevent or shorten outbreaks and reduce transmission	No cure	<ul style="list-style-type: none"> Blindness Inflammation of the brain and the lining of the brain
Genital Warts/ Human Papillomavirus (HPV)	<ul style="list-style-type: none"> Sexual activity 	<ul style="list-style-type: none"> May not show symptoms. Genital warts symptoms (in genital areas): <ul style="list-style-type: none"> Small, flesh-colored or gray swellings Several warts close together that take on a cauliflower shape Itching or discomfort Bleeding with sexual intercourse 	Medications and surgery for the warts	No cure, but can get vaccine for prevention	<ul style="list-style-type: none"> Numerous cancers Problems during pregnancy

NEMS Health Ed.- Rev. 1/2022

Please note that this information is not intended to diagnose health problems or to replace the advice of a health care professional. North East Medical Services disclaims any liability for the decisions you make based on this information.

NEMS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).

Chinese 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (415) 391-9686 轉內線 8160 (TTY: 1-800-735-2929)。

Vietnamese CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).



SEXUALLY TRANSMITTED DISEASES (STDs)



CONTACT NEMS :

SAN FRANCISCO (415) 391-9686

DALY CITY (650) 550-3923

SAN JOSE (408) 573-9686

WWW.NEMS.ORG

Disease Name	Transmissions	Symptoms	Treatments	Is it Curable?	Complications
Syphilis	<ul style="list-style-type: none"> Sexual activity Infected pregnant woman can pass the disease to her fetus while pregnant Direct contact with syphilis sores 	<ul style="list-style-type: none"> Primary Stage: About 10 to 90 days after initial infection, small, round, painless sores on the penis, vagina, anus, rectum, or mouth; symptoms disappear in 3 to 6 weeks. Secondary Stage: rough, red, or reddish brown skin rashes on the palms, soles or other parts of the body. This rash is highly contagious. Latent Stage: when all the symptoms from earlier stage disappear; can last for years. Late Stage: damage organs and destroy blood vessels and nerve cells in the brain and spine, causing cardiovascular problems, paralysis, blindness, insanity, and death. Occurs 10-20 years after your infection began. 	Antibiotic	Yes, there is a cure; but organ damage cannot be reversed.	<ul style="list-style-type: none"> Neurological problems Cardiovascular problems Risk for HIV infection Miscarriage, stillbirth Serious permanent disabilities in newborns such as blindness or damage to the heart, brain, or skeleton
Trichomoniasis	<ul style="list-style-type: none"> Sexual activity 	<ul style="list-style-type: none"> May not show symptoms. For women: yellow-green, odorous discharge from the vagina, pain during urination or sex, and abdominal pain. For men: unusual discharge from the penis or pain during urination or ejaculation. 	Antibiotic	Yes, there is a cure; it won't come back unless you get infected again	<ul style="list-style-type: none"> Risk for HIV infection Premature birth
HIV/AIDs	<ul style="list-style-type: none"> Sexual activity Pass from mother to child during pregnancy, birth, or breastfeeding Sharing needles or syringes 	<ul style="list-style-type: none"> Symptoms vary from person to person. Some people may not notice anything wrong Acute Stage: flu-like illness within a month or two. Latent Stage: may not have symptoms or have swelling of lymph nodes. AIDS Stage: chills, fever, sweats, extreme tiredness, weight loss, and frequent herpes outbreaks. 	Variety of medications	No cure, treatment helps people live longer and healthier	<ul style="list-style-type: none"> Numerous infections Numerous cancers Other complications

Sources:

- Centers for Disease Control and Prevention
- Mayo Clinic

NEMS Health Ed.- Rev. 1/2022

Please note that this information is not intended to diagnose health problems or to replace the advice of a health care professional. North East Medical Services disclaims any liability for the decisions you make based on this information.

NEMS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).

Chinese 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (415) 391-9686 轉內線 8160 (TTY: 1-800-735-2929)。

Vietnamese CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).



聯絡東北：

三藩市 (415) 391-9686

帝利市 (650) 550-3923

聖荷西 (408) 573-9686

WWW.NEMS.ORG

病名	傳播方法	病症	治療方法	能否根治？	併發症
衣原體性病	<ul style="list-style-type: none"> 性接觸 在分娩過程中由母親傳給孩子 	<ul style="list-style-type: none"> 可能沒有明顯的症狀。 女性：排尿時感到灼熱，陰道有不尋常的分泌物。 男性：排尿時感到灼熱，陰莖有不尋常的分泌物，睪丸疼痛或腫脹。 	抗生素	能根治；如非再次感染，不會復發。	<ul style="list-style-type: none"> 不孕 骨盆腔炎症 子宮外孕 骨盆長期疼痛 反應性關節炎 增加感染人類免疫不全病的風險
淋病	<ul style="list-style-type: none"> 性接觸 在分娩過程中由母親傳給孩子 	<ul style="list-style-type: none"> 可能沒有明顯的症狀。 女性：排尿時感到疼痛或灼熱，陰道有不尋常的分泌物，或是在月經週期之間陰道流血。 男性：排尿時感到灼熱，有白色、黃色、或綠色的分泌物，睪丸疼痛或腫脹。 	雙重治療：使用兩種抗菌藥物	能根治；如非再次感染，不會復發。	<ul style="list-style-type: none"> 不孕 骨盆腔炎症 子宮外孕 骨盆長期疼痛 播散性淋病雙球菌感染
生殖疱疹/ 單純疱疹病毒	<ul style="list-style-type: none"> 性接觸 在懷孕、分娩或在新生兒時期，從母親傳給孩子 直接接觸疱疹 	<ul style="list-style-type: none"> 可能沒有明顯的症狀。 生殖器，直腸，或口部周圍出現疱疹。 有類似流感的症狀，如發燒、身體疼痛、或腫脹的腺體。 	抗病毒藥物防止或縮短疱疹爆發，並減少病毒傳播	不能根治	<ul style="list-style-type: none"> 失明 腦和腦內膜發炎
生殖器疣/ 人類乳突病毒	<ul style="list-style-type: none"> 性接觸 	<ul style="list-style-type: none"> 可能沒有明顯的症狀。 生殖器疣的症狀： <ul style="list-style-type: none"> 肉色或灰色的小腫塊 生殖器或其周圍長俗稱“椰菜花”的疣 瘙癢或不適 性交時出血 	治生殖器疣的藥物和手術	不能根治，但可以用疫苗預防	<ul style="list-style-type: none"> 癌症 妊娠問題

請注意，此信息並不是用作診斷健康問題或用作取代專業醫護人員的意見。若您根據此信息作出任何決定，東北醫療中心不會就此承擔任何責任。

NEMS Health Ed. – Rev. 1/2022

NEMS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).

Chinese 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (415) 391-9686 轉內線 8160 (TTY: 1-800-735-2929)。

Vietnamese CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).



聯絡東北：

三藩市 (415) 391-9686

帝利市 (650) 550-3923

聖荷西 (408) 573-9686

WWW.NEMS.ORG

病名	傳播方法	病症	治療方法	能否根治？	併發症
梅毒	<ul style="list-style-type: none"> 性接觸 感染的孕婦在懷孕期間可以將疾病傳給她的孩子 直接接觸梅毒瘡 	<ul style="list-style-type: none"> 第一階段：最初感染的 10 到 90 天，陰莖、陰道、肛門、直腸或口腔會出現不痛的圓形小瘡。症狀在 3 至 6 個星期後消失。 第二階段：掌心、腳底或身體其它部位出現皮疹(粗糙的紅色或棕色小點)。這種皮疹的傳染性極強。 潛伏階段：不經治療，早期症狀通常會自然消退。潛伏期可能維持數年。 第三階段：梅毒會損壞器官，並破壞腦部和脊椎的血管及神經細胞，導致心血管問題、麻痺、失明、精神錯亂和死亡。在感染後 10 至 20 年後發生。 	抗生素	能根治；但器官的損害不會逆轉。	<ul style="list-style-type: none"> 神經/腦部問題 心血管問題 增加感染人類免疫不全病的風險 懷孕時若感染梅毒，可能導致流產、死胎 懷孕時若感染梅毒，新生兒可能會出現永久性嚴重殘障、或對心臟、腦部或骨骼造成損傷
毛滴蟲病	<ul style="list-style-type: none"> 性接觸 	<ul style="list-style-type: none"> 可能沒有明顯的症狀。 女性：陰道出現有異味的黃綠色分泌物、排尿或性交時感到疼痛，以及腹痛。 男性：陰莖會出現不尋常的分泌物，或在排尿或射精時感到疼痛。 	抗生素	能根治；如非再次感染，不會復發。	<ul style="list-style-type: none"> 增加感染人類免疫不全病的風險 早產
人類免疫不全病/愛滋病	<ul style="list-style-type: none"> 性接觸 母親也能在分娩或哺乳時把人類免疫不全病/愛滋病傳給嬰兒 共用針頭和注射器 	<ul style="list-style-type: none"> 症狀因人而異，有些人可能毫無異狀。 發作期：在感染後一或兩個月內出現類似感冒的症狀。 潛伏期：可能沒有顯示症或淋巴腺腫大。 愛滋病期：發冷、發燒、流汗、疲倦、體重急速減輕、或經常爆發疱疹。 	多種藥物	不能根治，但是治療能使人活得更久、更健康。	<ul style="list-style-type: none"> 多種感染 多種癌症 其他併發症

資料來源：Centers for Disease Control and Prevention, Mayo Clinic

請注意，此信息並不是用作診斷健康問題或用作取代專業醫護人員的意見。若您根據此信息作出任何決定，東北醫療中心不會就此承擔任何責任。

NEMS Health Ed. – Rev. 1/2022

NEMS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).

Chinese 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (415) 391-9686 轉內線 8160 (TTY: 1-800-735-2929)。

Vietnamese CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (415) 391-9686 ext. 8160 (TTY: 1-800-735-2929).