



Zhengfang (Freya) Zhou, MD
Resident Physician
Internal Medicine
周正芳 住院醫師 – 內科

Clinic Location:

NEMS Chinatown Clinic
1520 Stockton Street
3rd Floor Adult Medicine
San Francisco, CA 94133
(415) 391-9686

Clinic Hours:

Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm &
1:00pm-5:00pm
Closed Sundays & Holidays

指定診所

三藩市華埠診所
三樓成人科

1520 Stockton Street
San Francisco, CA 94133
電話 (415) 391-9686

診所營業時間

週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Freya Zhou and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I received my medical degree at the University of South China in Hunan, focusing on Internal Medicine. I am currently a resident physician in the NEMS Internal Medicine Residency Program, having joined NEMS in 2023. I am fluent in Cantonese, Mandarin and English.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Zhou, your PCP.

尊敬的東北會員，

我是東北醫療中心的周正芳實習醫生，很高興能夠成為您的主診醫師。了解您的主診醫師並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於中國南華大學 (University of South China, Hunan, China)，專注於內科。我於 2023 年加入東北醫療中心，目前是東北內科住院醫師培訓計劃的醫師。我可以說流利的粵語、國語和英語。

作為您的主治醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Freya Zhou, MD
周正芳 住院醫師 謹啟



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