



Helen Lu, MD

Pediatrics

Physician Team Leader

**路光美 醫生 – 兒科專科
兒科醫務主任**

Clinic Location:

NEMS Chinatown Clinic

1520 Stockton Street

5th Floor Pediatrics

San Francisco, CA 94133

(415) 391-9686

Clinic Hours:

Mon-Fri 8:00am-6:00pm

Saturdays 8:00am-12:00pm

& 1:00pm-5:00pm

Closed Sundays & Holidays

指定診所

三藩市華埠診所

五樓兒科專科

1520 Stockton Street

San Francisco, CA 94133

電話 (415) 391-9686

診所營業時間

週一至週五 8:00-6:00

週六 8:00-12:00 及

1:00-5:00

週日及假日休息

Dear NEMS Member,

My name is Helen Lu and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That's why I wanted to tell you a little bit more about me.

I received my bachelor's degree from University of California, Berkeley. I pursued my medical degree at the St. Louis University School of Medicine, focusing on Pediatrics. After I graduated, I completed my residency and an internship at Kaiser Permanente Medical Center in Oakland, CA.

I joined NEMS in 1994 and have been providing health care to the community ever since. I hold a board certification from the American Board of Pediatrics and am particularly interested in asthma management and obesity management. I'm fluent in several languages, including Cantonese, Mandarin and English.

In my spare time, I enjoy jogging, traveling, badminton, and table tennis.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Lu, your PCP.

尊敬的東北會員，

我是東北醫療中心的路光美醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我在加州大學柏克萊分校取得學士學位。我畢業於密蘇里州的聖路易斯大學醫學院 (St. Louis University School of Medicine)，專注於兒科專科，之後在屋倫市的凱撒醫療中心 (Kaiser Permanente Medical Center) 完成醫療實習和見習醫生培訓。我持有美國兒科醫學委員會 (American Board of Pediatrics) 頒發的醫生執照，專業興趣包括哮喘護理及肥胖管理。我可以說流利的粵語、國語及英語，從 1994 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。我的業餘興趣包括跑步、旅遊、羽毛球、以及乒乓球。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Helen Lu, MD

路光美醫生 謹啟



**NORTH EAST
MEDICAL SERVICES**

東北醫療中心

a california *health* center