



Wai Man (Mandy) Lam, MD
Resident Physician
Internal Medicine
林慧敏 住院醫師 – 內科

Clinic Location:
NEMS Chinatown Clinic
1520 Stockton Street
3rd Floor Adult Medicine
San Francisco, CA 94133
1-888-500-1886

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Sat-Sun 8:00am-12:00pm &
1:00pm-5:00pm
Closed Holidays

指定診所
三藩市華埠診所
三樓成人科
1520 Stockton Street
San Francisco, CA 94133
電話 1-888-500-1886

診所營業時間
週一至週五 8:00-6:00
週六至週日 8:00-12:00 及
1:00-5:00
假日休息

Dear NEMS Member,

My name is Wai Man (Mandy) Lam and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I received my medical degree from the University of Hong Kong, focusing on Internal Medicine. I am currently a resident physician in the NEMS Internal Medicine Residency Program, having joined NEMS in 2025.

I am particularly interested in primary care and women's health. I am fluent in Cantonese, Mandarin and English. In my spare time, I enjoy listening to music, practicing yoga, and watching movies.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Lam, your PCP.

尊敬的東北會員，

我是東北醫療中心的林慧敏醫生，很高興能夠成為您的主診醫師。了解您的主診醫師並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於香港大學 (The University of Hong Kong)，專注於內科。我於 2025 年加入東北醫療中心，目前是東北內科住院醫師培訓計劃的醫師。我可以說流利的粵語、國語及英語。

我的專業興趣是基本醫療保健和婦女健康。在業餘時間，我喜歡聽音樂、練瑜伽和看電影。

作為您的主治醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Wai Man (Mandy) Lam, MD
林慧敏住院醫師 謹啟



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MEDICAL SERVICES
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