



Maria Lau, DO, MPH
Family Medicine
劉美慧 醫生 – 家庭科

Clinic Location:
NEMS Sunset-Noriega Clinic
1400 Noriega Street
San Francisco, CA 94122
(415) 391-9686

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm &
1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
三藩市 Noriega 街診所
1400 Noriega Street
San Francisco, CA 94122
電話 (415) 391-9686

診所營業時間
週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Maria Lau and it is a privilege to serve as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I pursued my medical studies and degree at the New York Institute of Technology - College of Osteopathic Medicine, focusing on Family Medicine. After I graduated, I completed my residency at the Brookhaven Memorial Hospital Medical Center in Patchogue, New York.

I joined NEMS in 2015 and have been providing health care to the community ever since. I hold a board certification from the American Osteopathic Board of Family Physicians and am particularly interested in preventive medicine, nutrition, diabetes and hypertension management. I am fluent in Cantonese and English.

So remember, the next time you need quality health care, whether it is for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Lau, your PCP.

尊敬的東北會員，

我是東北醫療中心的劉美慧醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於紐約科技學院骨科醫學院 (New York Institute of Technology - College of Osteopathic Medicine)，專注於家庭科，之後在紐約州 Patchogue 市的布鲁克海文紀念醫院醫療中心 (Brookhaven Memorial Hospital Medical Center) 完成見習醫生培訓。

我擁有美國骨療法家庭醫師委員會 (American Osteopathic Board of Family Physicians) 認證，專業興趣包括預防醫學、營養、糖尿病與高血壓管理。我可以說流利的粵語及英語，從 2015 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Maria Lau, DO
劉美慧醫生 謹啟



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