



Michelle Tam, MD
Internal Medicine
譚倩文 醫生 – 內科

Clinic Location:

NEMS San Jose Clinic

1870 Lundy Avenue
San Jose, CA 95131
(408) 573-9686

Clinic Hours:

Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm
& 1:00pm-5:00pm

Closed Sundays & Holidays

指定診所

聖荷西診所

1870 Lundy Avenue
San Jose, CA 95131
電話 (408) 573-9686

診所營業時間

週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Michelle Tam and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I pursued my medical degree at the Chinese University of Hong Kong, focusing on Internal Medicine. After I graduated, I completed my medical residency and internship at the New York University Downtown Hospital.

I joined NEMS in 2008 and have been providing health care to the community ever since. I hold a board certification from the American Board of Internal Medicine and am particularly interested in hypertension and diabetes care. I'm fluent in several languages, including Cantonese, Mandarin and English.

In my spare time, I enjoy reading and badminton.

I chose internal medicine because it requires critical thinking, skills and experience taking care of patients and their medical problems as a whole. I also believe in having an interactive relationship with my patients, this enhances the delivery of care to my patients. I enjoy working in NEMS, since NEMS is the leader in delivering services and care among the community clinics. We do provide care to all walks of life. I look forward to establishing a long and healthy partnership with you in the future.

尊敬的東北會員，

我是東北醫療中心的譚倩文醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於香港中文大學醫學院，專注於內科，之後在紐約大學下城醫院 (New York University Downtown Hospital)完成見習醫生培訓和醫療實習。我擁有美國內科醫學委員會 (American Board of Internal Medicine) 頒發的認證，專業興趣包括高血壓及糖尿病照護。我可以說流利的粵語、國語及英語，從 2008 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。我的業餘興趣包括閱讀及羽毛球。

我選擇了內科，因為它需要有判斷力的思維，技能和經驗整體地去考慮病人的健康問題並給予醫療照顧。我還相信和病人建立互動關係可以提高醫療效果。我喜歡在東北醫療中心工作，因為她是提供保健服務的社區診所中的領導者。我們向各界人士提供服務，期待著能和您建立長期健康的夥伴關係。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Michelle Tam, MD
譚倩文醫生 謹啟



NORTH EAST
MEDICAL SERVICES
東北醫療中心

a california *health+* center