



Sandar Htun, MD
Internal Medicine
林月娥 醫生 – 內科

Clinic Location:
NEMS Eastmoor Clinic
211 Eastmoor Avenue
Daly City, CA 94015
(650) 550-3923

Clinic Hours:
Mon-Sat 8:00am-12:00pm
& 1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
帝利市診所
211 Eastmoor Avenue
Daly City, CA 94015
電話 (650) 550-3923

診所營業時間
週一至週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Sandar Htun and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That's why I wanted to tell you a little bit more about me.

I received my medical degree at the University of Medicine, Mandalay in Myanmar. After I graduated, I completed my residency at Wyckoff Heights Medical Center in Brooklyn, New York.

I joined NEMS in 2017 and have been providing health care to the community ever since. I hold a board certification from the American Board of Internal Medicine and am particularly interested in hypertension and diabetes management, and preventive medicine. In addition to English, I also speak Burmese and Mandarin.

In my spare time, I enjoy walking and spending time with family.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Htun, your PCP.

尊敬的東北會員，

我是東北醫療中心的林月娥醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於緬甸曼德勒醫學大學 (University of Medicine, Mandalay, Myanmar)。之後在紐約布魯克林維科弗高地醫療中心 (Wyckoff Heights Medical Center, Brooklyn, NY) 完成醫療實習。

從 2017 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。我持有美國內科醫學委員會 (American Board of Internal Medicine) 頒發的認證，專注於預防醫學、高血壓和糖尿病管理。除了英文，我還可以說國語和緬甸話。

在我空閒的時間，我喜歡步行和陪家人。

作為您的主治醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Sandar Htun, MD
林月娥醫生 謹啟



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