



Tony Zhou, MD
Preventive Medicine
Adult Medicine
Physician Team Leader
周天丞 醫生 – 預防醫學科
成人科醫務主任

Clinic Location:
NEMS Chinatown Clinic
1520 Stockton Street
3rd Floor Adult Medicine
San Francisco, CA 94133
(415) 391-9686

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm
& 1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
三藩市華埠診所
三樓成人科
1520 Stockton Street
San Francisco, CA 94133
電話 (415) 391-9686

診所營業時間
週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Tony Zhou and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I pursued my medical degree at the University of Kansas School of Medicine. After I graduated, I completed my residency in Preventive Medicine at the Johns Hopkins Bloomberg School of Public Health. I also completed an internship at the University of Maryland Medical Center.

I joined NEMS in 2023 and have been providing health care to the community ever since. I hold a board certification from the American Board of Preventive Medicine and am particularly interested in preventive medicine, population health, health informatics, and culinary medicine.

I'm fluent in Mandarin and English. In my spare time, I enjoy volleyball, tennis, and hiking.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Zhou, your PCP.

尊敬的東北會員，

我是東北醫療中心的周天丞醫生，很高興能夠成為您的主診醫師。了解您的主診醫師並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於堪薩斯大學醫學院 (University of Kansas School of Medicine)，之後在約翰霍普金斯醫院普通預防醫學實習計劃 (Johns Hopkins Hospital General Preventive Medicine Residency) 完成見習醫生培訓，並在馬里蘭大學醫療中心家庭科實習計劃 (University of Maryland Medical Center Family Medicine Intern) 完成醫療實習。

我擁有美國預防醫學委員會 (American Board of Preventive Medicine) 頒發的認證，專業興趣包括預防護理、人口健康、健康資訊及烹調醫學。從 2023 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。

我可以說流利的國語及英語。我的業餘興趣包括排球、網球及遠足。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Tony Zhou, MD
周天丞醫生 謹啟



NORTH EAST
MEDICAL SERVICES
東北醫療中心

a california *health+* center