



Wai-Hang Jackie Lam, MD,
FAAFP

Family Practice
Medical Director

林偉恆 醫生
家庭科 – 醫務總監

Clinic Location:
NEMS Sunset-Noriega Clinic
1450 Noriega Street
San Francisco, CA 94122
(415) 391-9686

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm
& 1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
三藩市 Noriega 街診所
1450 Noriega Street
San Francisco, CA 94122
電話 (415) 391-9686

診所營業時間
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週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Jackie Lam and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I was born and raised in Hong Kong and immigrated with my family to the United States as a teenager. After graduating from New York University with a bachelor's degree in Computer Science, I pursued my medical degree at the American University of the Caribbean, where I had the opportunity of living abroad in Saint Maarten, London, as well as cities across the U.S. while receiving my medical education. I completed my residency training in Family Medicine at Arrowhead Regional Medical Center, a busy county hospital in San Bernardino County, California, and currently hold a board certification from the American Board of Family Medicine.

I joined NEMS in 2009 and currently hold the position of Quality Improvement/Quality Assurance Director and Medical Director at the Noriega Street and Taraval Street Clinics. I strive to connect with each patient as I believe good healthcare can only be delivered through a trustful patient-provider relationship. As a family physician, I provide continuing, comprehensive health care for patients of all ages, including pediatrics, adult medicine, and women's health. I am particularly interested in chronic disease management, preventive medicine, child health, and clinical informatics.

I am also keen on performing common office procedures such as joint injections and simple laceration repair and other dermatologic procedures. In addition, I am interested in community health and health education, and participate in the SF Hepatitis B Free Campaign and give health talks at senior apartments periodically. I am fluent in Cantonese and Mandarin.

In my spare time, I enjoy computer and technology, traveling, and hiking. I am also an amateur stamp collector. If you happen to share some of my interests, do not hesitate to talk to me about it next time I see you!

Sincerely,

Jackie Lam, MD



NORTH EAST
MEDICAL SERVICES
東北醫療中心

a california *health+* center



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尊敬的東北會員，

我是東北醫療中心的林偉恆醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我在香港出生和長大，少年時跟家人移居到美國。我在紐約大學取得電腦科學學士學位，之後在美國加勒比大學醫學院 (American University of the Caribbean School of Medicine) 取得醫學學位。在求學期間，我曾有機會在國外-包括聖馬丁(Saint Maarten)、倫敦、和美國各地的城市生活。我在南加州科爾頓市的先鋒地區醫療中心 (Arrowhead Regional Medical Center) 完成家庭科見習醫生培訓，及擁有美國家庭醫學科委員會 (American Board of Family Medicine) 頒發的認證。

從 2009 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。我現任東北醫療中心的醫療品質管理總監和日落區診所的醫務總監。我努力和每一位病人保持聯繫，因為我相信只有病人和醫生之間建立了互信關係才會有良好的醫療保健。作為一名家庭醫生，我的服務範圍包括兒科、成人內科、以及婦女健康，為各個年齡的人士提供持續、全面的醫療保健服務。我的專業興趣包括慢性病護理、預防醫學、兒童健康、以及臨床資訊。我還熱衷於一般的門診手術，如關節注射、簡單的裂傷修復以及其他的皮膚科小手術。此外，我對社區保健和健康教育也感興趣，我參加了三藩市乙型肝炎預防活動，並定期到老人公寓提供健康講座。我可以說流利的粵語、國語及英語，業餘興趣包括電腦及科技、旅遊和遠足。我也是一名業餘集郵者。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Jackie Lam, MD
林偉恆醫生 謹啟



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