



**Zhen (Jane) Lu, MD**  
**Internal Medicine**  
**呂震 醫生 – 內科**

**Clinic Location:**

**NEMS Richmond Clinic**  
1033 Clement Street  
San Francisco, CA 94118  
(415) 391-9686

**Clinic Hours:**

Mon-Fri 8:00am-12:00pm  
& 1:00pm-5:00pm  
Closed Saturdays, Sundays &  
Holidays

**指定診所**

**三藩市列治文診所**  
1033 Clement Street  
San Francisco, CA 94118  
電話 (415) 391-9686

**診所營業時間**

週一至週五 8:00-12:00 及  
1:00-5:00  
週六、週日及假日休息

Dear NEMS Member,

My name is Zhen (Jane) Lu and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I pursued my medical degree at the Beijing Medical University, focusing on Internal Medicine. After I graduated, I completed my residency at the New York University Downtown Hospital.

I joined NEMS in 2009 and have been providing health care to the community ever since. I hold a board certification from the American Board of Internal Medicine and am particularly interested in hypertension management, high cholesterol management, skin problems, and asthma/COPD management. I'm fluent in several languages, including Mandarin and English.

In my spare time, I enjoy travel, spending time with family and friends, and dancing.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Lu, your PCP.

尊敬的東北會員，

我是東北醫療中心的呂震醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於北京大學醫學部 (Beijing Medical University)，專注於內科，之後在紐約大學下城醫院 (New York University Downtown Hospital) 完成見習醫生培訓。我擁有美國內科醫學委員會 (American Board of Internal Medicine) 頒發的認證，專業興趣包括高血壓護理、高膽固醇護理、皮膚疾病、哮喘及慢性阻塞性肺病護理。我可以說流利的國語及英語，從 2009 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。在業餘時間我喜歡旅遊、跳舞、和陪伴家人和朋友。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

**Zhen (Jane) Lu, MD**  
**呂震醫生 謹啟**



**NORTH EAST**  
**MEDICAL SERVICES**  
**東北醫療中心**

a california *health+* center